

Valentine's Day / World Sound Healing Day

## *SEEDS of PEACE*

*(CD Release Celebration!!!)*

**Alchemical Crystal Singing Bowls,  
Toning & Guided Meditation**

**A quietly joyful, deeply renewing experience.**

*On this day traditionally devoted to the celebration of Love, join thousands of others around the world as we use the power of sound and intention to create love and healing for self and others, and for our planet.*

Experience Nancy's inspired guided meditations, the power of intention and toning, combined with the alchemy of 20 Crystal Healing (Singing) Bowls. You may choose to allow the Energy created in this transformative gathering to also assist with...

- A specific physical or emotional healing intention
- Opening to inner-guidance regarding life issues or choices
- Being "rewired" by this powerful, yet soothing "sonic cleansing"

**Saturday, February 14<sup>th</sup> 7:00 – 8:30 pm**  
**Unity of the Valley 39<sup>th</sup> & Hilyard Eugene, OR 97405**

**541-345-9913**

Suggested Donation: \$20 (No one turned away.)



**NANCY HOPPS** is an internationally recognized author, speaker and performer. Her award-winning *Relax Into Healing* recordings and presentations have profoundly benefited thousands of listeners worldwide. As a sound healer, Nancy's inspired guided meditations and toning, combined with the frequencies of her 20 Alchemical Crystal Singing Bowls, create a truly transcendent experience, and facilitate healing on personal and planetary levels. Of the many healing modalities she integrates into her life and work, Nancy whole-heartedly believes and demonstrates that "the greatest of these is Love." ([www.NancyHopps.com](http://www.NancyHopps.com))